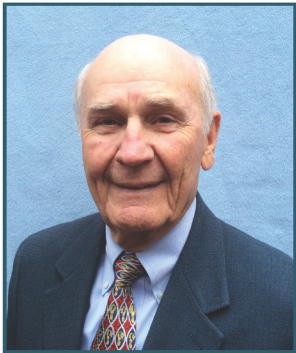


Messenger



To provide adults with mild developmental disabilities an option for independent living in a residential community-centered atmosphere with a limited amount of support.

April 2016



A Message from our President, Charles Cooper

Many good things are happening at Springboard Landings. I am pleased to announce the addition of three very well-qualified, passionate and dedicated individuals to our Board – Catherine Berry, Sara Butler, and Cynthia Hester. Check them out on the inside of this newsletter. They are already enriching our SL project in many different ways and are bringing new ideas, talents and connections to our organization. We are grateful they have chosen Springboard Landings as their #1 nonprofit to which they are dedicating their time and abilities. A very warm welcome to them!

As we continue to grow and progress it just keeps getting better. I am happy to share that we are interviewing for our first full-time development manager. Please see our website www.springboardlandings.org for the job posting if you know of someone who would be interested in this position. And, we are currently communicating with a person who contacted us about a very generous donation after reading all about Springboard Landings and its mission. Since we are still in the process of working it all out we cannot make an announcement yet but will have one in the very near future.

Once again this year we are participating in The Big Payback, a 24-hr online-giving event sponsored by The Community Foundation of Middle Tennessee on May 3rd. Please see the article below and the insert to learn how you can participate. This is the one day a year when you're encouraged to contribute in a 24-hour period to the life-changing work of local nonprofit organizations. You can make your donations online anywhere in the world, and checks are always welcome. Of course we hope you will make Springboard Landings your charity of choice.

As freshness and new hope come with the season of spring, so do they come with Springboard Landings. We give our deepest gratitude to God and His Spirit in all of you who have and are continuing to support us and our mission.

If God is with us, it will be accomplished – St. Jeanne Jugan, Founder of The Little Sisters of the Poor

From Catherine Berry

We appreciate your support as we participate again this year in THE BIG PAYBACK sponsored by The Community Foundation of Middle Tennessee. The date is Tuesday, May 3, 2016 from 12:01 a.m. to 11:59 p.m.

Our goal is \$15,000 including ten \$1,000 donations. This year you can pledge ahead of time on our website springboardlandings.org and watch the thermometer rise. On May 3rd you can make a secure donation online using your credit or debit card at thebigpayback.org and finding the Springboard



Landings page, or visit springboardlandings.org and use The Big Payback donate box. Look for us at crumb de la crumb, 160 Belle Forest Circle in Bellevue on the day of THE BIG PAYBACK, Tuesday, May 3rd. We will be available from 11:00 a.m. to 1:00 p.m. to help you donate to your favorite charity which we hope is Springboard Landings. We will also gladly accept checks if you're more comfortable donating in that way.

Make your check out to The Community Foundation of Middle Tennessee and list Springboard Landings in the Memo area. Thank you for your support and generosity again this year.

A Future Lander, Susan Cooper



When I was five years old I had encephalitis, an inflammation of the brain, which changed my life forever. After that I had difficulty learning, had constant challenges with social interaction and had to deal with a seizure disorder. With a lot of help and patience from my teachers and my parents I received a high school diploma in 1993. At that time I knew of no programs offered after high school for a person like me, especially one whose seizures were not completely controlled. So as my classmates headed off to college it looked as though I was headed toward a very dull future. However, my life is anything but that now.

Right after high school I became a charter member of a new social/educational group and I'm still a member today. It was for high school graduates and young adults who had learning disabilities. Almost every weekend the members and our two directors do something fun together like celebrating our birthdays, going bowling, taking in movies and plays, and supporting each other. Also, my hairdresser offered me a job in his salon, and I have been working there part time for many years. We are one big happy family. I volunteer at the Epilepsy Foundation and at my church when I'm not working at the salon. So, you see, my life is full.

I rely on my parents a lot since I cannot drive because of my seizures, but they have entered their golden years now. I know that one day they will not be here so I'm learning the independent skills I will need when that time comes. I am thankful that my two brothers and my sister told me I could live with them when Mom and Dad are no longer here but it's not the same as having my own place and my own life. I am looking forward to my own apartment at Springboard Landings and know there will be others living there who will accept me, and I will accept them just the way they are. I don't need a lot of help because there has been a big improvement in my seizures due to cannabis oil and the monthly healing prayer service at my church. But if I do need help, I can go to the live-in house manager and talk about it. I'm looking forward to starting my independent life at Springboard Landings.

A Permanent Memorial of The Year of Mercy

We learned In the **News Briefs** section of the April 8, 2016 Tennessee Register, that Pope Francis asked Catholic dioceses around the world to set up a permanent memorial of the Year of Mercy. He said: *"As a reminder, a 'monument' let's say, to this Year of Mercy, how beautiful it would be if in every diocese there were a structural work of mercy; a hospital, a home for the aged or abandoned children, a school where there isn't one, a home for recovering drug addicts – so many things could be done."*

In the spirit of the proposal made by Pope Francis we have contacted the Diocese of Nashville to remind them of our mission: *To provide adults with developmental disabilities an option for independent living in a residential community atmosphere with a limited amount of support.* This is a huge need (up to 39,000 Tennesseans fall into this category) and no other agency is focusing solely on the needs of this particular population.

Springboard Landings would be honored to be the permanent memorial of the Year of Mercy in the Diocese of Nashville. Wouldn't it be wonderful if the Diocese chose us to fulfill this beautiful proposal of Pope Francis!

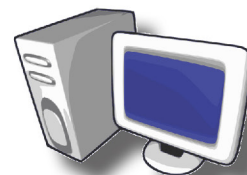
Visit us on the web: www.springboardlandings.org

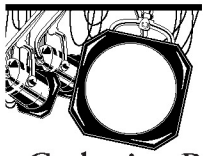


<https://facebook.com/springboardlandings>



<https://twitter.com/Springbdlanding>





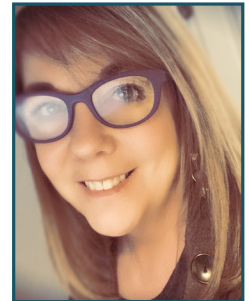
Spotlighting our Newest Board Members

Catherine Berry received her B.A. in Architecture and Urban Design from Miami University and her M.Ed. in Community Development and Action from Vanderbilt University. Her focus is in affordable housing, housing rights, and community building as well as non-profit management and communications. She has expertise as a strategic consultant and neighborhood organizer working with neighborhood associations and housing organizations. Her life's focus goes hand in hand with the mission of Springboard Landings.



Sara K. Butler, AIA, PMP, LEED GA is the Director of Architecture for the Nashville office of Goodwyn Mills and Cawood (GMC). A graduate of Auburn University, Sara's firm, The CFP Group, merged with GMC in 2012. She has served on the Tennessee State Licensure Board for Healthcare Facilities and has been a member of the Circle of Red for the American Heart Association. In 2008 Sara was recognized as a "Healthcare Hero" in the Nashville Business Journal. She is a member of Leadership Healthcare and is a Board member on the Nashville Healthcare Council. Sara will use her experience designing healthcare facilities and her passion for helping others to further the mission of Springboard Landings.

Cynthia Hester is an award-winning graphic designer who has worked with several local newspapers and numerous clients including the Diocese of Nashville, Vanderbilt University, and Franklin Road Academy. She also has served on several Boards including the Cathedral of the Incarnation and as President of Richland West-End Neighborhood Association and the TN Chapter of Children's Tumor Foundation. She is part-time production manager for City Saver Coupon Book and part-time sales consultant with English and Company. She is the parent of an adult with developmental challenges. Her leadership skills and expertise will further the mission of Springboard Landings.



l to r: Richard Chambers and Charlie Cooper welcome Catherine Berry, Sara Butler, and Cynthia Hester




Sharing ideas at a recent informal lunch are Sara Butler, Richard Chambers, Pat Cooper, Cynthia Hester, Rhoda Scherer, Charlie Cooper, and Catherine Berry

LOOK FOR US AT

CRUMB DE LA CRUMB

FROM 11:00 - 1:00 ON THE DAY OF

THE BIG PAYBACK, MAY 3, 2016



Kroger Community Rewards Update (Tennessee Residents)

Springboard Landings has received \$1,641.88 from our Kroger Community Rewards Campaign. This averages \$40.00 a year for each participant. It's a free and easy way to have Kroger make an ongoing contribution to us so please sign up. The easiest way is to have your Kroger Plus Card and our nonprofit number 79950 handy and call either 1-866-221-4141 or 1-800-576-4377, option 3. They will assist you. You can also go to www.kroger.com/communityrewards and sign up. We appreciate all of you who have already signed up to make Kroger's contribution to us possible.

Thank You!



Special Thanks

to our fantastic hardworking Board! Also our appreciation goes out to Margaret Cook, Neil Ferris, Jeff Freeman, David Heller, Rhoda Scherer, crumb de la crumb, and Synergy Real Estate Group. We couldn't do it without you!

Springboard Landings is a member of The Center for Nonprofit Management and The Community Foundation of Middle Tennessee.



7028 Church St. East, Ste 104, Brentwood, TN 37027

Visual Communications...



www.simplyvisible.com



179 Belle Forest Circle
Suite 301
Nashville, TN 37221



Recently Moved?

If so, please contact us at 615-719-9060 or email us at info@springboardlandings.org so we can update your information and keep you informed.

Our vision is to implement and service a model that supports independent living for adults with developmental disabilities. Springboard Landings is a member of The Center for Nonprofit Management and The Community Foundation of Middle Tennessee.

Springboard Landings is a 501c3 non-profit organization. Donations are tax deductible.