PRINGBOARD THESSENGER

OARD TOTES

Richard Chambers Secretary, Board of Directors

The enthusiasm of the Board is at an all-time high! We have a lot to celebrate as we shift our search efforts into high gear for the perfect parcel of land in West Nashville. Securing 3 to 4 acres of land will set the path for breaking ground in 2020 but we can't do it without your support.

#GivingTuesday is a global day of giving fueled through social media and celebrated on the Tuesday following From left: Pat Cooper, Sara Butler, Richard Chambers, John Cooper, Father Thanksgiving. This year it takes place Tuesday, December Mark Hunt and Charlie Cooper. Not photographed: Dawn Bagby, Ward 3rd, and we hope you'll keep us in mind! We are all so



grateful for your continuing generosity and well wishes. Each donation brings us that much closer to establishing a community for this often-time overlooked and at-risk population, some of whom may include your friends, relatives or children.

As we enter this holiday season, the traditions of Thanksgiving and Christmas symbolize reflection, celebration and hope. We are so very thankful and appreciative for the assistance of all our supporting members - all of you. Our celebration and thankfulness are everlasting. May you and yours have a wonderfully joyous Thanksgiving and Christmas holiday season.

CALENDAR LANDINGS: JOIN US



NOVEMBER 28

HAPPY THANKSGIVING FRIENDS!



DECEMBER 3 #GI≫INGTUESDAY

It's that time again! Don't forget to keep Springboard Landings at the top of your gift list TUESDAY, DECEMBER 3. Follow us on Facebook as we show you ways to digitally give back:

- Amazon Smile
- Facebook Fundraiser
- Kroger
- www.springboardlandings.com
- Or just a check inside the enclosed envelope



DECEMBER 25

Wishing you and your family a wonderful Christmas.

SPRINGBOARD MESSENGER



Whiskey Trippers and Springboard Volunteers

SPRINGBOARD SPOTLIGHT



Pat Van Wyk and Pat Cooper



Bonnie's Birthday Bash



"Repairing the World" by Alyssa Fosnight



From left: George Ducas, Valerie Van Wyk, John Cooper, Alyssa Fosnight, Katie Rommel and Susan Cooper



Bonnie Lamping and John Cooper

WHISKEY TRIPPERS, Picture 1

Douglas Corner was electric with the sounds of Nashville's hottest Y'alternative band, the WHISKEY TRIPPERS!

It was a full house with proceeds benefitting Springboard Landings. Guys – thanks for playing for a fabulous cause! Let's hear it for Singer/Songwriter: Pound Lamb, Guitar: Keith Gibson and John Cooper, Bass: Thad Keim and Drums: Justin Atkins. A special thank you to The Tuten Brothers who opened up and warmed up the crowd. Wow! Catch them before they make it big. And a very special shout out to our front door Spring-board volunteers: Nick Kent, Audy Smothers and Weston Hargrove. Can't wait to catch the next show!

SUKKAH COLLABORATIVE ART EXPERIMENT: "TIKKUN OLAM: REPAIRING THE WORLD",

Pictures 2, 4, 5
Stunning. Reflective. Empowering. Three words to describe former Springboard Network Director and artist, Alyssa Fosnight's extraordinary piece. Thirty-six canvas paintings from local non-profits illuminated the Sukkah with overtones of peace and harmony capturing the collective theme, "Repairing the World". The room buzzed with excitement over the Springboard Landings inclusive and community driven bee hive on canvas at a special reception held Wednesday, October 23 with Alyssa interpreting her inspiring artwork. But wait, there's more – celebs! Local celebrities spotted in the crowd include Grammy nominated, George Ducas who just released a new album, "Yellow Rose Motel" georgeducas.com and Generational Expert and local author, David Butler attended with his new book in tow, "Conquering the Generational Challenge" wtgtalent-solutions.com. What is even more exciting than local celebs - Alyssa donated the piece back to us to hang in the first Springboard Landings house. #winning

IT'S GROOVY TO GIVE BACK, Pictures 3 & 6
Springboard Landings takes Vegas by storm! Ok, not really – but they do love us in Vegas. Our dear friends and unwavering supporters, Bonnie and Clark Lamping threw Bonnie an electric 50th Birthday Disco Party. In lieu of gifts, they asked attendees to make a donation to Bonnie's favorite charity – yes that's us! We are still totally digging it and so grateful. THANK YOU and HAPPY 50th BONNIE!

COMMUNITY CORNER

MY FIRST INDEPENDENT ADVENTURE

By Susan Cooper

Several months ago, I was invited to move out of my parents' home and into a nearby condo which I would share with two other women. At first it was a little scary to me after living with my parents for 45 years; however, I also realized it was a great opportunity to learn more independent living skills in preparation for living at Springboard Landings. I made the decision to move and it turned out to be a great decision.

A support person from the Employment and Community First Choices Program (ECF Choices) comes in to help and advise us. Kimberly is an amazing person who is teaching us how to handle challenging situations. The most im-



portant thing I am learning is how to get along with people who have different personalities and habits, likes and dislikes. I wasn't concerned with that when I lived with my parents. I'm learning how to figure things out for myself and make my own decisions. I'm learning how to pay bills, balance my checkbook, set boundaries, and cook more than just eggs and omelets. I am becoming more patient and understanding. These are life-long lessons.

I have new confidence now when it's time to take the Life Skills Assessment Questionnaire and be interviewed as an applicant to reside at Springboard Landings.

LIKE.FOLLOW.SHARE

Thank you for helping us ramp up our social media platforms. We surpassed 100 subscribers on our YouTube channel



@SpringboardLandings



@Officialspring4



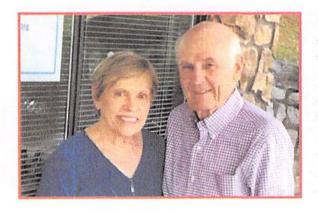
@Springboardlandings1



@SpringboardLandings

A-Word From Our Founders

Pat and Charlie Cooper



KINDNESS is the word that comes to mind as we enter this season of joyful celebration. The core of the Thanksgiving tradition is deeply rooted in the kindness and generosity between the Pilgrims and Indians. And God, in His kindness, sent his only Son, Jesus, to be like us in His divine plan for salvation. Kindness is the word that comes to mind when we think of our volunteers, donors, mentors, parents, friends, advocates and Landers. Thank you for your kindness and we wish you a peace-filled joyful holiday season.



179 Belle Forest Circle Suite 301 Nashville, TN 37221

NO INCOME TAXES ON AN IRA CHARITABLE ROLLOVER!

This law allows 70 1/2 year olds to make a QCD (Qualified Charitable Distribution) from your IRA up to \$100,000 to Springboard Landings (a qualified public charity). If you are interested in this opportunity contact your financial advisor or us at 615-719-9060. See how at www.kitces.com/blog/qualified-charitable-distribution

Providing adults who need a limited amount of support an option for independent living in a secure, community-centered environment.

Springboard Landings is a member of the Center for Nonprofit Management and The Community Foundation of Middle Tennessee.

SpringboardLandings.org

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Springboard Landings is a 501(c)(3) non-profit organization. Donations are tax deductible.















