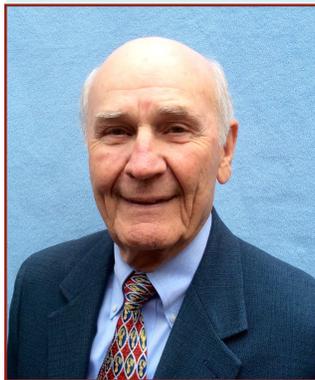


Messenger

To provide adults with developmental disabilities an option for independent living in a residential community-centered atmosphere with a limited amount of support.



November 2016



A Message from our President, Charles Cooper

Rejoice with us! We at Springboard Landings are humbled and grateful to share with you some very good news. An extremely generous donor has gifted us a 60-acre beautiful parcel of land to be used at the discretion of our Board. We are in the process of assessing and determining the best use of the land, whether to build on it or to sell it. Whichever way we choose to go, this is certainly the turning point for our project. We are currently fulfilling all the legal requirements which come with such a gift and will have everything in place by the end of this year. We are extremely excited about this positive turn of events and look forward to the next phase. We will keep you updated online and in newsletters.

We are also happy to announce the hiring of our Development Director, Tina Jones (see article below). Because of you, our friends, generous donors and supporters, we were able to bring Tina on board to help propel us forward toward making SL a reality sooner than later. We feel very fortunate to have found someone with Tina's experience and dedication to help take us to the next level. Welcome Tina!

The most awesome part of all is to watch how God is unfolding His plan for Springboard Landings and how He's working in our lives and the lives of others. Our heartfelt thanks to Him and to all of you for helping us get to this point. We appreciate and look forward to your continued support as we move forward toward bringing Springboard Landings to fruition.

If God is with us, it will be accomplished - St. Jeanne Jugan, Founder of The Little Sisters of the Poor

Welcome our Development Director

Springboard Landings is excited to announce the official hiring of our Development Director, Ms. Tina Jones. Tina moved from Kentucky to Tennessee about two years ago and started with Springboard Landings in late June, 2016. She comes to us with 16 years of non-profit experience where she has mainly worked in grant writing and program director roles. Tina has experience working with individuals in a wide array of areas including those with disabilities, youth education, individuals in the criminal justice system, adult & dislocated worker higher education and substance abuse services. Her nonprofit experience is just what Springboard Landings needs to turn our vision into a reality. The Board of Directors are so excited to have Tina on board with us and know that she will be a wonderful addition to our team.



Happy Thanksgiving to you with warm appreciation to all our generous donors and supporters.

Springboard Landings is a 501c3 non-profit organization. Donations are tax deductible.



A Prospective Lander, Neil Beech

Hi! My name is Neil, I'm 48 years old and I'm interested in living at Springboard Landings. I started having seizures when I was about 4 years old and because of that I don't have the freedom to drive. I think it would be a good idea if there would be more carpooling. I graduated from high school and went to a two-year college, graduating from MTSU in 1993, while most of my classmates moved, attended college and got married. I love all sorts of college sports, especially SEC football. My parents are avid UT fans as they went to the University of Tennessee. I love to go

bowling, watch live plays, go to movies and watch DVD's. I love to dance although I may not be good, but I have the best time! I have taught children's Karate classes and every time they received a belt the children would give me a hug. I took Karate off and on through high school, college and in early 2000. My sister and I worked part time during school in my father's equestrian store and I now work near the Tennessee Walking Horse Show grounds. I'm looking to the future and may become a "Lander" one day where I can enjoy being with others similar to me.

Spotlighting our Newest Board Member

R. Matthew Nicks has worked for more than 30 years in the environmental consulting industry. He assists a variety of companies and institutions across the country with specific concerns related to environmental investigations and remediation, renovations of buildings, reconstruction of damaged facilities, new acquisitions and purchases of land. Matt lives in Mt. Juliet, TN and currently owns his own environmental consulting firm, The Nicks Paratus Group, based here in Middle Tennessee. He earned a B.S. in Petroleum Engineering from the University of Texas, holds certifications in related areas, publishes articles in professional journals, and has taught environmental courses. Matt is a member of numerous Boards and Commissions. His expertise is invaluable as we move forward to bringing SL to fruition.



Springboard Landings volunteers with Nashville Public Television -

In both June and September, Springboard Landings board, staff, donors and friends volunteered to take pledges for Nashville Public Television. Pictured on the left are just some of our volunteers meeting Mr. Tim Rushlow from the September event and pictured on the right is our entire volunteer group meeting Grammy Award winning artist, Bill Miller.



<https://facebook.com/springboardlandings>



<https://twitter.com/Springbdlanding>





From Kathryn Blankenship, PhD., CCC-SLP

A majority of individuals with developmental disabilities live at home with their parents or other relatives (Braddock, Emerson, Felce & Stancliff, 2001). Part of the reason why they live mostly with their family is that individuals with mild developmental disabilities are often stigmatized by what they are not able to do rather than looking at what they are capable of doing. Stigmatized treatment of adults with mild developmental disabilities can take many forms, from direct discrimination from others to the denial of everyday opportunities by loving but over-protective families and caregivers (Jahoda, Cattermole & Markova, 1989; Cooney, Johanna, Gumley & Knott, 2006; Beart, Hardy & Buchan, 2005). One cannot fault a parent or guardian for being over-protective of their adult with a disability because it has been documented that individuals with intellectual and developmental disabilities are more often taken advantage of in a variety of contexts (e.g., financially, sexually, etc.; Jahoda, 1995). However, this can be detrimental to developing autonomy and independence in these adults. They have a desire to want to belong to a group and have autonomy outside of their family just as much as any individual. However, individuals with mild developmental disabilities face many challenges of becoming independent for various reasons. For example, some adults with developmental disabilities have limited contact with other citizens in their neighborhood and their leisure activities are typically passive or solitary in nature and family dependent (McConkey, Walsh & Mulcahy, 1982; McConkey, Naughton & Nugent, 1983). Additionally, the social networks and social activities of adults with developmental disabilities living with family members are dependent on those of their parents (Krauss, Seltzer & Goodwin, 1992; Lunsky & Benson, 1999). Currently there are limited options for adults with mild developmental disabilities to live an independent life because many still require some assistance within their daily activities. Thus far, there are no government programs to assist these individuals in achieving living independently in a safe setting.

The goal of most parents is that their child, regardless of developmental capacity, live a happy and independent life. The mission of Springboard Landings is to provide a supportive community living for adults with mild developmental disabilities to live as independently as possible and to have a fulfilled life.



Highlights from Springboard Landings -

Pictured above are highlights from events since our last newsletter. *Left:* Our Development Director and potential Lander, Bruce Bentley taped an informational TV spot for the show *The Moderator* on The NECAT Network. *Center:* President, Charles Cooper, along with Sara Butler and Rhoda Scherer are set up at Crumb de la Crumb taking donations for Springboard Landings during *The Big Payback*. *Right:* July 2016 Informal luncheon to plan for Springboard Landings and gather ideas (L-R: Cynthia Hester, Tina Jones, Kathryn Blankenship, Richard Chambers, Charles Cooper, and Sara Butler).

Earn Rewards for Springboard Landings every time you

shop at Kroger or Amazon Smile

Register your Kroger Plus Card online at www.krogercommunityrewards.com or call 866-221-4141 and select Springboard Landings (79950) as your charity of choice to receive rewards every time you shop. And you can support Springboard Landings when you shop on Amazon. When you uses AmazonSmile, 0.5% of the purchase price of your eligible Amazon purchases is automatically donated to Springboard Landings after you designate us as your charity. The more supporters who sign up, the more we receive to support our mission of providing adults with developmental disabilities an option for independent living in a safe residential setting. Thank You!!!!



We can help you with Holiday shopping!! Consider a donation to Springboard Landings in honor of persons on your gift list - truly a gift that continues! Use the enclosed envelope or go to www.springboardlandings.org and click on the DONATE tab.



	<p>Synergy Real Estate Group Inc. 179 Belle Forest Cr., Ste. 302 Nashville, TN 37221 615-425-2168</p>		
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179 Belle Forest Circle
Suite 301
Nashville, TN 37221



Recently Moved?

If so, please contact us at 615-719-9060 or email us at info@springboardlandings.org so we can update your information and keep you informed.

Our vision is to implement and service a model that supports independent living for adults with developmental disabilities.

Springboard Landings is a member of the Center for Nonprofit Management and The Community Foundation of Middle Tennessee.

www.springboardlandings.org (615)719-9060 info@springboardlandings.org

Springboard Landings is a 501c3 non-profit organization. Donations are tax deductible.

