

Messenger

SPRINGBOARD
& LANDINGS

To provide adults with mild developmental disabilities an option for independent living in a private residential community-centered atmosphere with a limited amount of support.

Volume 3, Issue 5

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A Message from our President, Charles Cooper

Every time I talk to a potential Springboard Lander I get excited about our SL project all over again. These are young adults who have a need that goes unnoticed by the general public; however, they and their parents know that in order for them to be successful, happy and fulfilled in their future independent lives, they need a place like **Springboard Landings**. These individuals are contributing members of society and, for the most part, have a comfortable life as long as they're with their parents/caregivers. But, when that support is not there, everything will change for them. Because of their developmental disabilities they risk the possibility of isolation as well as consequences of poor decision making. They are vulnerable. Just like all of us, these adults yearn for a belonging along with their

independence - a community of people who accept and understand them just the way they are. But they are limited in what they can achieve on their own and they will need some support. **Springboard Landings** offers a solution to these adults and to their parents/caregivers.

This year we are hosting quarterly luncheons for those interested in being a Springboard Lander and their families. These lunches give us an opportunity to meet each other, to discuss where we are and where we're going, and offers a platform to ask questions and make recommendations. A wonderful community is already being formed.

Look for us on May 5th as part of The Big Payback sponsored by The Community Foundation of Middle Tennessee. We are continually grateful to our donors who are making this endeavor possible. We will all celebrate together when **Springboard Landings** comes to fruition.

Meet Catherine Berry

Catherine has graciously fit us into her busy schedule to lead our Big Payback Team. Catherine is a graduate of the University School of Nashville and earned her BA in Architecture from Miami University. She is currently pursuing a M.Ed in Community Development and Action at Vanderbilt University focusing on issues of affordable and inclusive housing. Welcome to our team Catherine!



TheBigPayback.org
24 hours to payback our nonprofits.
The Community Foundation of Middle Tennessee



Look for **Springboard Landings** and donate toward our \$15,000 goal in the second annual Big Payback on **May 5th, 2015**, sponsored by The Community Foundation of Middle Tennessee. The Big Payback is a 24-hour, online giving event created to increase philanthropy and to support the life-changing work of local nonprofit organizations. Donations will be accepted during a 24-hour period through www.thebigpayback.org and through authorized, secure giving forms on participating nonprofits' websites. Look for **Springboard Landings**.

Springboard Landings is a 501c3 non-profit organization. Donations are tax deductible.



A Prospective Lander, Ryan Leggette

Hi, my name is Ryan Legette and I'm 28 years old and have Asperger's which is sometimes called Autism. I currently live in a group home environment at Merritt Home in Aiken, SC operated by Connie Aull. In January 2015 I was introduced to the possibility of moving to Nashville, TN. and becoming a part of **Springboard Landings**. I am very excited about this opportunity. I already have good friends in Nashville and would love to be closer to my Aunt and Uncle who live in Knoxville, TN. Because of my disabilities I need a place I can feel safe and call home on a permanent basis. Someplace that offers me some structure and accountability for my life. As my parents get older I know that they will not always be there for me and I still need help with things in my everyday life; such as money management, shopping, being reminded when to do specific things that need to be done timely, etc..

Since I do not drive I have to depend on others or public transportation to go places. In Nashville I've learned that they have a great public transportation system. Also, I've worked at Bi-Lo grocery store bagging groceries for over five years now and I'm seeking to better myself and think that Nashville will offer me more opportunities in my life. I'm active in my church and have volunteered often at Christ Central Ministries helping in their clothing and food bank here in Aiken. I love meeting new people and helping them with things if I can. I also love making new friends and having people around me that I can depend on. I think that a place like **Springboard Landings** is not only answered prayer for me but also for my parents as I know they worry about where I'm going to be as I get older. I look forward to the possibilities of living in an environment like **Springboard Landings** and what they are offering to people with disabilities like me.

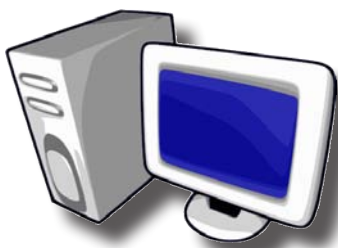
A Special Thanks!

Special thanks to Shep Bentley, Nancy and Steve Brenner, Marie Heath, Jack Myers, Joe Morgan, and Joan McGranaghan for being part of our Brainstorming/Advisory Session.

Thank You!!!

About Our Mail...

We will be discontinuing our P.O. Box and will receive mail only at our office, 179 Belle Forest Circle, Suite 301, Nashville, TN 37221; and email at info@springboardlandings.org We look forward to hearing from you.



Visit us on the web: www.springboardlandings.org



<https://facebook.com/springboardlandings>



<https://twitter.com/Springbdlanding>

January “Landers” Lunch



A Community is being formed!

The anticipation and excitement of building a community of “Landers” was evident as potential “Landers” and their parents enjoyed lunch together in January hosted by the SL Board of Directors. Our heartfelt thanks to Rita Paul, Pat Dannemiller, Sandy Lanigan, Vicki Chambers and Carol Bigham for helping make our first quarterly luncheon such a success.

Date of next “Landers” Luncheon

Our Board has set the date of **Saturday, April 25th, 2015**, for the second informational luncheon for potential Landers and their parents or caregivers. If you or someone you know is interested in attending this luncheon please contact us at info@springboardlandings.org and we will make sure you receive an invitation.

Earn Rewards for Springboard Landings every time you shop at Kroger

You can now donate to Springboard Landings at no cost to you. Just register online at www.krogercommunityrewards.com and register your Kroger Plus card with Springboard Landings after you sign up. Click on Sign In/Register. Sign up for a Kroger Rewards Account by entering zip code and following the instructions. Be sure to find Springboard Landings and select it from the list and click on confirm. Purchases will not count until after you register your card. If you are already signed up for an organization and wish to change to Springboard Landings, you may do that on this site. Thank you for your support.



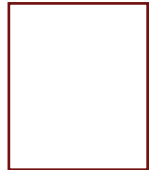
HELP US...

We are at a crucial place in Springboard Landings' development. We have to acquire land on which to build our first two buildings and we need your help in leading us to someone who will donate this land. We desperately need your assistance. Please help us. We look forward to hearing from you soon.

SL Board

Designed by Jeff Freeman • www.simplyvisible.com

 **SPRINGBOARD
LANDINGS**
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Recently Moved?

If so, please contact us at
615-719-9060 or email us at
info@springboardlandings.org
so we can update your information
and keep you informed.

Our vision is to implement and service a model that supports independent living for adults with developmental disabilities

Member of The Center for Nonprofit Management

Member of The Community Foundation of Middle Tennessee

Springboard Landings is a 501c3 non-profit organization. Donations are tax deductible.